

Linden High School Class of Senior Exit Project

Who am I?
Where am I going?
How am I going to get there?



“A dream is just a dream. A goal is a dream with a plan and a deadline.”

- Harvey MacKay

Dear Senior,

It is the hope of the administration, faculty, and staff that the education you received at Linden Community Schools has given you a solid foundation to prepare you for the challenges that lie ahead. To ensure this, it is our goal that 100% of our graduating seniors will fully research and develop a plan for their futures. This goal hinges on the following principle: it is the right of every student to know how to develop and practice the process of determining goals and constructing a plan for achieving those goals and meeting future challenges.

Since eighth grade, you have been working on your educational development plan (EDP). Every year you have been asked to pick a career pathway, complete career-planning projects, set goals, and reflect on the many programs and activities you have participated in while at Linden High School. Now, it is time to put all of this information together and create a comprehensive plan for your future. Does this mean this is what you must do with your life? No, this plan is a road map of where you want to go today and how you'll get there. As you grow and change, your plans may change. The important skill to walk away with is the ability to assess yourself (Who am I?), to clearly define what you want to achieve (Where am I going?), and the ability to develop a plan for achieving your goal (How am I going to get there?). The Senior Exit Project will enable you to practice those skills.

The purpose of the senior project is to have each student develop a process to adapt to any changes life puts in front of you. The process may be more important than the product. Throughout your life, it is important that you take time to reflect on the three questions (Who am I? Where am I going? How am I going to get there?) to help maintain focus on your goals despite obstacles that come your way.

Harvey MacKay said, "A dream is just a dream. A goal is a dream with a plan and a deadline." It is our dream that every graduating student is prepared and feels they have the tools necessary to make their dreams a reality.

Senior Exit Project

Project Consists of

1. Personal Narrative
2. Portfolio
3. Exit Presentation with Visual Aid

Personal Narrative:

The personal narrative is meant to answer three questions

- Who am I?
- Where am I going?
- How am I going to get there?

Format:

Paragraph 1 – Introduction

- Find a famous quote that you feel best expresses you.
- Explain the quote in your own words and how it applies to you.
- Last sentence should be your thesis statement.
 - o Thesis statement should sum up your qualities in one sentence.
 - o Ex. “I am a hard-working student who is looking for a career where I can help people.”

Paragraph 2 – Who am I?

- List three qualities or personality traits that best describe who you are.
 - a. _____
 - b. _____
 - c. _____
- Take each of these three and expand on them. Give specific examples of these qualities and discuss them.

Paragraph 3 – Where am I going?

- Describe the career in which you ultimately see yourself.
 - o Identify that career by name (ex. nurse, electrical engineer, teacher, etc.)
 - o Describe short and long term career goals
- Describe the lifestyle for which you ultimately aspire.
 - o Describe long and short term personal goals
 - Family
 - Possessions – house, car, boat, etc.
 - Extra activities – church, volunteer work, sports, vacations, etc.

Paragraph 4 – How am I going to get there?

- Describe the education you plan to obtain.
 - o Describe the schooling you’ll need and where you will attend.
 - o Describe the classes you’ll take.
 - o Discuss any apprenticeships or internships you’ll take part in.

- If no formal education is needed, describe what type of training you'll need for your career choice.
- Describe how you plan to fund your education or pay your bills during your training.
 - Jobs
 - Scholarships
 - Loans
- Describe how you plan to live while pursuing training for your career.
 - Campus living
 - Apartment
 - Live with parents

Paragraph 5 – Conclusion

- Restate your thesis
- Summarize main points
- Close with personal statement about yourself

Rubric: (A copy of the Senior Exit Rubric)

Content

- Demonstrates a clear plan
- Answers the three questions (Who am I? Where am I going?
How am I going to get there?) clearly and specifically.
- Develops a clear thesis

Organization –

- Clear introduction, body, and conclusion
- Clear support for thesis
- Essay maintains focus

Mechanics/ Format –

- Spelling
- Grammar
- Punctuation
- MLA format

Portfolio:

Portfolio must be saved in a three ring binder.

All parts are displayed in a plastic page holder to protect your pages.

Each section should have a divider page to make it easier to navigate your way through the portfolio.

Cover should have your name and something that reflects who you are. This could include pictures, a quote, career choices, field of study, or anything else you think describes you.

The portfolio should have a professional appearance so it can easily be utilized during college and job interviews.

Use Resources websites below to help you complete your project.

Contents include

1. Table of contents
2. Resume with second page of three references
3. Copy of EDP (print using Career Cruising)
4. Copy of transcripts (print from parchment)
5. Copy of your Work Keys
6. Copy of attendance records (print from parent/student web)
7. Career Exploration (display your occupation of interest, include skills and attributes, work environment, education or training required, salary and projected job market for your career path).
8. Post-Secondary Exploration: College, Military, Vocational or Skilled Trades Preparation – Scholarship Opportunities, Display required classes for your program, College/Training Cost Comparison (minimum 2)
9. Two Letters of Recommendation (teacher, coach, minister, employer, etc.)
10. Community Service/Volunteer Verification (3 hour minimum)
11. Copy of your personal narrative (*Who am I? Where am I going? How am I going to get there?*)
12. Two samples of best work (*one sample of a written assignment; Best Work- you may take a picture of it to put in your portfolio, ex. art project*)
13. Any additional sections you feel will enhance your portfolio and provide a clearer picture of who you are (skills, achievements, acceptance letters, etc)

Resources Websites:

www.careercruising.com

www.onetonline.org

milmi.org/

<http://lindencareerconnections.weebly.com/index.html>

www.parchment.com/

www.careerbuilder.com/

www.collegeboard.org

<https://bigfuture.collegeboard.org/compare-colleges>

<https://app.schoolology.com/login>

Log on to: www.career.cruising.com

Username: Linden

Password: Eagles

EDP Login

Username: lind-student id

Password: first three letters of your b-day, 2digit birth day, and four digit birth year (ex.

Linden Community Schools website at

<http://www.lindenschools.org/>

Click on High School Link

➤ Academics

➤ Career Center

You will be linked to Career Center webpage.

Rubric:
(Portfolio Rubric page 9)

Content

Each of the 12 required pieces are present and completed

Appearance

The portfolio's appearance makes it suitable for use in a professional setting

The cover page is neat and reflects the student

The table of contents is neat and mirrors the sequence of items in the portfolio

Letter of Recommendation Request Form

(Please give at least a one week notice to prepare the letter)

First Name

Last Name

As you prepare college, scholarship and job applications, you may need to ask for a letter of recommendation. You should complete this document and save it to your "H" drive for easy access. This will assist people in writing "about you" rather than just listing your accomplishments.

I am requesting this letter for: (Check one below)

College Application _____ (Name of College/School) _____

Scholarship _____ (Name/Type of Scholarship) _____

Job/Apprenticeship _____ (Name of Business) _____

General Letter of Recommendation _____

List five characteristics that describe you:

- 1.
- 2.
- 3.
- 4.
- 5.

What do you consider your major strength(s)?

Academic Accomplishments:

Honors/Recognitions:

Other notable accomplishments:

Favorite Subject(s):

Activities in-school:

Activities out of school:

Career Objective(s):

Exit Presentation:

The goal of the exit presentation is to showcase who you are and where you're going. You'll be answering the three questions: Who am I? Where am I going? How am I going to get there? To enhance the appeal of your presentation, you must have a PowerPoint presentation that corresponds to your talking points.

Use the content of your personal narrative as the outline for the presentation. In general, presentations will be 15-20 slides long.

The exit presentations will be 8-15 minutes in length.

Organize your presentation in the following manner:

Introduction

- Start with an attention-getter

- Introduce yourself

Body

- Who am I?

- Where am I going?

- How am I going to get there?

Conclusion

- Summarize what you've already said

- Give your final thoughts about your future and your future plans

Rubric:

(Rubric see page 8)

Introduction

- Good attention getter

- Speaker introduces themselves

Body

- Speaker effectively answers each of the three questions

 - Who am I?

 - Where am I going?

 - Who am I going to get there?

Conclusion

- Speaker effectively summarizes the content of the presentation

- Conclusion provides an effective ending to the presentation

Presentation

- Displays energy and passion for the subject

- Voice projection is loud and clear

- Eye contact is made with the audience

- Professional business attire is worn

- Speaker uses the PowerPoint to support the presentation rather than reading the slides

Linden Community Schools

Senior Exit Presentation Rubric

Student's Name: _____ Date: _____

<u>Performance Standards</u> Please check the items that apply and input points to the right →	Points
Introduction (3 points) <input type="checkbox"/> Contains appropriate greeting. <input type="checkbox"/> Cleverly engages the audience. <input type="checkbox"/> Contains a central focus related to career goal.	
Who am I? (15 points) <input type="checkbox"/> Describes personal accomplishments. <input type="checkbox"/> Describes qualities that best reflect him/her as a person. <input type="checkbox"/> Describes personal skills.	
Where am I going? (15 points) <input type="checkbox"/> Describes short-term career goals. <input type="checkbox"/> Describes long-term career goals. <input type="checkbox"/> Describes present and future personal goals.	
How am I going to get there? (15 points) <input type="checkbox"/> Student explains plan. <input type="checkbox"/> The plan is sequential. <input type="checkbox"/> The plan is attainable.	
Conclusion (3 points) <input type="checkbox"/> Central focus/thesis is restated. <input type="checkbox"/> Main points are summarized. <input type="checkbox"/> Responses to questions are appropriate.	
Delivery (3 points) <input type="checkbox"/> Visual aids compliment the presentation. <input type="checkbox"/> Control of the audience is maintained. <input type="checkbox"/> Questions are handled appropriately.	
Nonverbal Elements (3 points) <input type="checkbox"/> Dress is appropriate. <input type="checkbox"/> Good eye contact is maintained. <input type="checkbox"/> Posture is good.	
Verbal Elements (3 points) <input type="checkbox"/> Student clearly articulates words. <input type="checkbox"/> Student speaks loud enough to be easily heard. <input type="checkbox"/> Student does not speak too fast or too slow.	
Portfolio Reflection (10 points) <input type="checkbox"/> Student presents relevant evidence from their portfolio to the panel in a professional manner.	
Plan after High School: (please circle) vocational 2yr 4yr work military Comments: Evaluator's Signature _____	
Total Points →	

Points Possible (70)

Linden Community Schools Senior Exit Portfolio Rubric

Student's Name: _____

Date: _____

	Points
<p>Portfolio Expectations: (1 point each)</p> <ul style="list-style-type: none"> <input type="checkbox"/> Portfolio must be saved in a three ring binder. <input type="checkbox"/> All parts are displayed in a plastic page holder to protect your pages. <input type="checkbox"/> Each section should have a divider page to make it easier to navigate your way through the portfolio. <input type="checkbox"/> Cover should have your name and something that reflects who you are. This could include pictures, a quote, career choices, filed of study, or anything else you think describes you. <input type="checkbox"/> The portfolio should have a professional appearance so it can easily be utilized during college and job interviews. 	<hr style="width: 50%; margin: auto;"/> 5
<p>Portfolio Contents: (1 point each)</p> <ul style="list-style-type: none"> <input type="checkbox"/> Table Content <input type="checkbox"/> Resume with second page of three references <input type="checkbox"/> Copy of EDP (print using Career Cruising) <input type="checkbox"/> Copy of transcripts (print from parchment) <input type="checkbox"/> Copy of your Work Keys <input type="checkbox"/> Copy of attendance records (print from parent/student web) <input type="checkbox"/> Career Exploration (display your occupation of interest, include skills and attributes, work environment, education or training required, salary and projected job market for your career path). <input type="checkbox"/> Post-Secondary: College, Military, Vocational or Skilled Trades Preparation (college/training options, scholarship opportunities, college and training costs comparisons, etc.) <input type="checkbox"/> Two Letters of Recommendation (teacher, coach, minister, employer, etc.) <input type="checkbox"/> Copy of your personal narrative (Who am I? Where am I going? How am I going to get there?) <input type="checkbox"/> A sample of best work (if the sample of best work is not a written assignment, you may take a picture of it to put in your portfolio, ex. art project) <input type="checkbox"/> Any additional sections you feel will enhance your portfolio and provide a clearer picture of who you are (skills, achievements, etc.) 	<hr style="width: 50%; margin: auto;"/> 12
<p>Rubric:</p> <p><u>Content:</u> (2 point)</p> <ul style="list-style-type: none"> <input type="checkbox"/> Each of the 12 required pieces are present and completed <p><u>Appearance:</u> (1 point each)</p> <ul style="list-style-type: none"> <input type="checkbox"/> The portfolio's appearance makes it suitable for use in a professional setting <input type="checkbox"/> The cover page is neat and reflects the student <input type="checkbox"/> The table of contents is neat and mirrors the sequence of items in the portfolio 	<hr style="width: 50%; margin: auto;"/> 5
<p>Plan after High School: (please circle) vocational 2yr 4yr work military</p> <p>Comments:</p> <p>Evaluator's Signature _____</p>	
<p>Total Points →</p>	

Points Possible (22)